

## **University Sports and Social Integration Project**

*Technical Report*

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*Technical Report*

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Project homepage:

[http://www.uni-bielefeld.de/ikg/projekte/hochschulsport\\_integration.html](http://www.uni-bielefeld.de/ikg/projekte/hochschulsport_integration.html)

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## Abstract

This technical report covers the database of the University Sports and Social Integration Project at Bielefeld University in the year 2017. In the main it comprises a survey of 494 sports course participants and 47 instructors, covering participation motives and core demography data. The questionnaires and samples are described. Besides, an outline of third party data used for comparison with sports course participants is provided. They are provided by Bielefeld University's student's register, the University Sports Administration and the Bielefeld City Community Sports Federation.

### 1 Aims and Hypotheses

The study aims at answering three questions:

- How does gender participation differ between sports clubs and university sports?
- To what extent do motives for participation in university sports differ between women and men?
- How is the importance of low costs and high flexibility in university sports perceived by women and men?

Our hypotheses are:

- Women are rather attracted by flexible and low costs sport offerings, equivalent to university (club sports) being more attractive to women (men).
- Women's participation is ruled by underlying motives for physical activity that differ from men's motives.
- The university sports participation model is more compatible with women's motives than the club participation model.

## 2 Institutional Affiliation and Funding

The project is located at Bielefeld University. It is jointly conducted by members of the Department of Sport Science of the Faculty of Psychology and Sports Science (Christian Deutscher, Ulrich Dubbert) and of the Institute for Interdisciplinary Research on Conflict and Violence (Kurt Salentin, Steffen Zdun).

Support in kind was provided by both institutions in terms of manpower and stationary. Bielefeld University Sports has provided supportive information. No third party funding was involved.

## 3 Study Design

The study compares sports participation and its motives along several criteria. It relies on various data sources provided by different bodies:

- baseline data on students at Bielefeld University
- baseline data on inhabitants in the city of Bielefeld
- university sports participant data
- local sports club participant data
- survey data on motives to participate in university sports
- survey data on university sports instructors

Under German law and the European General Data Protection Regulation (GDPR), the use of individual level, non-anonymous data is highly restricted. Therefore only aggregate level third party data could be assessed. These data cover selected variables only.

(a) The University Students' Register (Studierendensekretariat) provided baseline data on all enrolled students as of September, 2017. We were interested in demographic variables and information of study courses. For

data access, a compromise had to be struck between data protection considerations and the need for detailed information. The University Data Protection Officer was consulted to explore how fine-grained the data we applied for could be. Finally, we agreed on the use of aggregate data on age, sex, place of residence, and for the sake of anonymity and data protection, care was taken to merge values so as to prevent data cubes with  $n < 5$ . Thus,

- age was classified into groups of 19 years and younger, 20-21, 22-23, 24-25, 26-27, 28-29, 30-32, 33-36, 37-42, 43 years and above,
- sex was provided as is.
- In order to control for geographic distance between place of residence and university sports facilities, we created a zoned distance variable based on so-called rings that are identified by residential postcodes. Ring A is the immediate environs of the university, Ring B is the adjacent neighbourhood and the inner city, Ring C is the remaining areas of Bielefeld, Ring D refers to the outskirts of the city, Ring E consists of adjacent counties (Kreise) and Ring F comprises all other locations.
- There are dummy variables indicating if a person is a sports student and where they acquired their general qualification for university entrance.

Counts for 348 combinations of these variables were provided.

(b) The city of Bielefeld provided information on the number of inhabitants at students' age, i.e. between age 18 and 25. Such information was made available for both men and women.

(c) The distribution of university sports participants was reported by the university sports administration. The data are summarized by type of sports and by individual course. They comprise

- number of participants by gender (male, female, total)

- course capacity
- course capacity utilisation.

(d) Corresponding information for the participation in local sports clubs was offered by the sports federation of North Rhine Westphalia (Landessportbund NRW e.V.). It contains the following information

- number of participants by gender (male, female, total)
- number of participants by age groups (0-6, 7-14, 15-18, 19-26, 27-40, 41-60, 61-120)
- number of participants by sport and sports federation

(e) A questionnaire was filled by a selected sample of university sports participants. The following chapter describes the questionnaire and the sample in full detail.

(f) A second questionnaire was filled by a sample of instructors, see chapter 5.1.

## 4 Participant Survey

### 4.1 Questionnaire

The questionnaire contained 27 questions regarding the registration, participation and experiences in university sports, as well as networking with other course participants. Finally, general information on e.g. gender, age and origin was queried. It was administered as a four-page paper-and-pencil questionnaire. The layout of the German and English versions is reproduced in appendix 1. The wording was this:

<b>Header</b>
---------------

Dear participant,

the chair for Sports Economics and the IKG examine university sports as a place of physical activity and social interaction. We highly value your opinion as a participant of university sports. Please read all questions carefully and tick the applicable boxes. Ignore questions only if an arrow (→) tells you so [example].

Your responses will be treated confidentially. We do not collect personal data so you can share your opinion anonymously.

Question	Answers / Scales
When did you start to participate in university sports at Bielefeld University?	semester, year
How regularly do you participate in university sports?	<ul style="list-style-type: none"> <li>• once a month</li> <li>• once a week</li> <li>• more than once a week</li> </ul>
How many <u>courses</u> of university sports do you participate in?	number
How many <u>different sports</u> of university sports do you participate in?	number
With whom do you coordinate the joint course registration?	multiple answers: <ul style="list-style-type: none"> <li>• with nobody else</li> <li>• with fellow students</li> <li>• with friends</li> <li>• with other course participants</li> <li>• with people I met at the "Sportpartnerbörse"<sup>1</sup></li> <li>• with someone else, namely: ...</li> </ul>

<sup>1</sup> The „Sportpartnerbörse“ is a digital database of participants in which they can search suitable sport partners along criteria such as sport, gender, level of experience and age.



<p>What was your main objective when registering for this course?</p> <ul style="list-style-type: none"> <li>• meet new people</li> <li>• perform the particular sport</li> <li>• compete in sports</li> <li>• gain health</li> <li>• get to know a sport I previously never practiced</li> <li>• relax</li> <li>• enhance physical attractiveness</li> <li>• improve my self defense</li> <li>• utilize the more flexible university sport compared to other providers</li> <li>• others, namely: .....</li> </ul>	<ul style="list-style-type: none"> <li>• strongly disagree</li> <li>• disagree</li> <li>• partly agree</li> <li>• agree</li> <li>• strongly agree</li> </ul>
<p>What do you experience in university sports courses?</p> <ul style="list-style-type: none"> <li>• Diverse contacts are established during the courses.</li> <li>• Participants gather into small groups.</li> <li>• Contacts outside of sporting activity are established.</li> <li>• Carpooling to the course establishes.</li> <li>• I feel like an outsider in the course.</li> <li>• I can ask other participants for help in everyday life (e.g. help if I move to another place or in daily university routines).</li> <li>• The course instructor pays attention that everybody is involved.</li> <li>• The course instructor initiates joint activities outside of the course (e.g. having coffee, BBQ).</li> </ul>	<ul style="list-style-type: none"> <li>• strongly disagree</li> <li>• disagree</li> <li>• partly agree</li> <li>• agree</li> <li>• strongly agree</li> </ul>

How many course participants do you know personally?	number
How many cell phone numbers from other participants are on your phone?	number
What advantages does university sport have over other providers of sporting activity (e.g. sport clubs)?	(open-ended answer)
<i>The next questions relate to the sport taught in this course.</i> How regularly do you practise?	<ul style="list-style-type: none"> <li>• at most once a month</li> <li>• at most once a week</li> <li>• more than once a week</li> </ul>
In which year did you first practise?	year
How much do you agree with the following statements? <ul style="list-style-type: none"> <li>• I would like more English-language courses.</li> <li>• I would like more courses separated by gender.</li> <li>• I would like to have more contact with other participants.</li> <li>• I can get to the course easily.</li> </ul>	<ul style="list-style-type: none"> <li>• strongly disagree</li> <li>• disagree</li> <li>• partly agree</li> <li>• agree</li> <li>• strongly agree</li> </ul>
What improvements do you wish university sport to make?	(open-ended answer)
Have you already completed this questionnaire in another course in this semester?	<ul style="list-style-type: none"> <li>• yes</li> <li>• no</li> </ul>
Have you already completed this questionnaire in this course in this semester?	<ul style="list-style-type: none"> <li>• yes</li> <li>• no</li> </ul>
Your sex?	<ul style="list-style-type: none"> <li>• female</li> <li>• male</li> <li>• other</li> </ul>
What is your age?	age
From where do you travel to attend this course? Please enter the ZIP code only.	ZIP code
What is your mother tongue?	(open-ended answer)
In which country did you spend most of the time between age 5 and 12?	(open-ended answer)

<p>How many years of schooling have you and your parents completed? Which educational certificates do you and your parents have? Please tick the highest qualification.</p> <ul style="list-style-type: none"> <li>• You</li> <li>• Your mother</li> <li>• Your father</li> </ul>	<ul style="list-style-type: none"> <li>• no school certificate</li> <li>• up to 6 years (e.g. Primary or Elementary School)</li> <li>• 10 years (e.g. Junior High School)</li> <li>• 13 years (e.g. Senior High School)</li> <li>• Bachelor's degree</li> <li>• Master's degree</li> <li>• doctoral degree (PhD)</li> <li>• I don' t know</li> </ul>
<p>What sports did your parents actively engage in / what are they engaging in currently?</p> <ul style="list-style-type: none"> <li>• Your mother</li> <li>• Your father</li> </ul>	(open-ended answer)
<p>In which country did your parents spend most of their time when they were between age 5 and 12?</p> <ul style="list-style-type: none"> <li>• Your mother</li> <li>• Your father</li> </ul>	(open-ended answer)
<p>Which group do you belong to? Tick all that apply.</p>	<ul style="list-style-type: none"> <li>• Student</li> <li>• Employee</li> <li>• Alumni</li> <li>• External</li> </ul>
<p>Which faculty / department do you belong to?</p>	(open-ended answer)
<p>In which year did you join Bielefeld University?</p>	year
<p>In which year did you move to Bielefeld?</p>	year

Since the main interest of this study lies on motives for participation in general and the impact of (non-)financial commitment in particular, participants were asked to state their objectives to register for a given course.

They responded to nine motives on a 5-point Likert scale ranging from 1 (strongly disagree) to 5 (strongly agree). Respective responses as well as mean values for responses by male and female students are presented in Table 1. Differences in response behaviour were determined via two sample t-tests.

As we identify a considerable difference between university sports participation and participation in local sports (e.g. sports clubs), the questionnaire explicitly asked the respondents about the advantage of university sports from their perspective via an open question (“What advantages does university sport have over other providers of sporting activity (e.g. sport clubs)?”). Responses regarding the fees of university sports were afterwards coded as such, leading to a binary variable if the fee was mentioned (fee = 1) or not (fee = 0).

#### **4.2 Sample and Fieldwork**

The sample covered participants of 15 different university sports courses during two weeks of the summer semester in 2017. These courses were selected to be in line with the overall university sport offerings in terms of individual vs. team sports, group size, proximity of the offering to the campus and type of sport. The questionnaire was administered twice: in the second week of the semester and in the second but last week. Altogether, 857 questionnaires were completed. University sports reported 2,409 registrations for these courses equivalent to a response rate of 35.57 percent. Since not all registered participants show up after registration, this figure is likely to underestimate the actual response rate. To identify questionnaires repeatedly completed by the same participants and to

avoid double counting, a unique code composed of the first two letters of the participant's mother's name, the day in the month of the participant's birthday, and the first two letters of the participant's father's name was generated by the participants. It was recorded at the end of the questionnaire. All repeated observations were dropped. Overall, 494 questionnaires by single unique students were completed, 347 by female, 147 by male students.

## 5 Instructor Survey

### 5.1 Questionnaire

Header
<p>Dear instructor,</p> <p>as you may already be aware, Department V of the Department of Sports Science, in cooperation with the IKG and University Sports, is investigating the field of "university sports" as a place of active movement and social encounter. Since you know the course offers well as an instructor, we are interested in your opinion.</p> <p>Please read the questions carefully and tick the appropriate box. If you should be leading more than one course:</p> <ol style="list-style-type: none"><li>1. there is a separate questionnaire for each of your courses.</li><li>2. fill in the last part of the questionnaire starting from question 6 only for one of your courses.</li><li>3. answer only questions 1 to 5 (inclusive) for each additional course.</li></ol>

Your details will of course be treated confidentially; the data will only be used for the study and will not be transmitted to university sports.  
[return instructions]

Question	Answers
course number	number
<p>What can you observe in your course offer?</p> <ul style="list-style-type: none"> <li>• The course disintegrates into segmented subgroups.</li> <li>• Various contacts are made in the course.</li> <li>• Carpooling to the travel to course is taking place (e.g. with a private car).</li> </ul>	<p>I agree...</p> <ul style="list-style-type: none"> <li>• not at all</li> <li>• a bit</li> <li>• partly</li> <li>• rather</li> <li>• completely</li> </ul>
<p>What qualifications do you have for teaching the course (licence, trainer's certificate, practice, etc.)?</p>	(open-ended answer)
<p>From the point of view of course instructors, a course can pursue a wide variety of objectives. Which of these objectives would you personally like to achieve with your course on the part of the participants?</p> <p>They should...</p> <ul style="list-style-type: none"> <li>• cultivate contacts beyond sport and make new ones</li> <li>• do sports, give it a good go</li> <li>• athletic competition</li> <li>• maintain and improve their health</li> <li>• learn a new sport</li> <li>• relax, relieve stress</li> <li>• promote their physical attractiveness</li> <li>• learn to defend themselves</li> </ul>	<p>I agree...</p> <ul style="list-style-type: none"> <li>• not at all</li> <li>• a bit</li> <li>• partly</li> <li>• rather</li> <li>• completely</li> </ul>

<ul style="list-style-type: none"> <li>• use the flexibility compared to other sports providers</li> <li>• meet together outside the sports courses (e.g. for coffee, barbecue etc.)</li> </ul>	
<ul style="list-style-type: none"> <li>• else, namely:</li> </ul>	(open-ended answer)
<p>Now we are interested in how you assess the objectives of the participants of your course: What goals do they want to achieve by participating?</p> <p>They want to...</p> <ul style="list-style-type: none"> <li>• cultivate contacts beyond sport and make new ones</li> <li>• do sports, give it a good go</li> <li>• athletic competition</li> <li>• maintain and improve their health</li> <li>• learn a new sport</li> <li>• relax, relieve stress</li> <li>• promote their physical attractiveness</li> <li>• learn to defend themselves</li> <li>• use the flexibility compared to other sports providers</li> <li>• meet together outside the sports courses (e.g. for coffee, barbecue etc.)</li> </ul>	<p>I agree...</p> <ul style="list-style-type: none"> <li>• not at all</li> <li>• a bit</li> <li>• partly</li> <li>• rather</li> <li>• completely</li> </ul>
<ul style="list-style-type: none"> <li>• else, namely:</li> </ul>	(open-ended answer)
<p>What are the advantages of university sports for course participants over other sports providers?</p>	(open-ended answer)
<p>Your sex?</p>	<ul style="list-style-type: none"> <li>• female</li> <li>• male</li> <li>• other</li> </ul>
<p>Your age?</p>	(open-ended answer)
<p>Your native tongue?</p>	(open-ended answer)
<p>In which country did you spend most of your time when you were between age 5 and 12?</p>	(open-ended answer)

<p>In which country did your parents spend most of their time when they were between age 5 and 12?</p> <ul style="list-style-type: none"> <li>• Your mother</li> <li>• Your father</li> </ul>	(open-ended answer)
<p>Which group do you belong to? Tick all that apply.</p>	<ul style="list-style-type: none"> <li>• Student</li> <li>• Employee</li> <li>• Alumni</li> <li>• External</li> </ul>

## 5.2 Sample and Fieldwork

This part of the study targeted all university sports courses in the summer semester 2017. A total of 200 courses were led by 143 instructors. Of these, 52 were female, 89 male and two none of both. The aim of the study was to assess the motives of the course participants from the respective instructor point of view. Instructors were interviewed repeatedly times, if they led several courses. Background information regarding age, gender, migration background and level of experience of the trainers were gathered. The survey started in the first half of July 2017. A reminder was sent 10 days after the survey began. A total of 47 questionnaires from 44 different trainers were completed. Seven instructor questionnaires match the courses of the participants' survey. This totals in a return rate of 22.00 percent. 16 questionnaires came from female, 29 from male instructors (and two from instructors belonging to nether).



## 6 Data Entry and Data Edition

After completion, data from both sets of paper and pencil questionnaires were entered into Epidata forms. Epidata is a free data entry software that applies checks as data are entered so as to prevent values out of range and implausible value combination. It stores data in its own format and allows exports into various statistics software formats. Data entry was accomplished by three sports departments students and one intern at the IKG. Data were then evaluated in SPSS.

After entry we conducted standard data edition procedures, e.g. eliminating invalid answers and questionnaires.

We created a variable called *migration background* in both datasets. We assigned a value of 1 if either a person's native tongue was not German or he/she has not grown up in Germany or one of the parents has not grown up in Germany. Otherwise the value was 0. This is a partial implementation of the concept of migration background as defined by the German National Statistical Office.

The instructor qualification that exists as an uncoded answer was script recoded into (a) practical experience with a code 1 and (b) any certificate, license and the like with a code 2. The default is *no answer* and code 9.

The course number was part of the instructor questionnaire but not of the participant questionnaire. For the latter group, it was added during data entry. The two participant survey waves were merged into one file, creating a *long* version, i.e. comprising 1-2 observations per participant with only one set of variables. The participant and instructor datasets were merged into a combined dataset using the course number as a key.

After completion in SPSS, Stata v13 dta datasets were created.

## 7 Appendix

## 7.1 Appendix 1: Participant Questionnaire

**Dear participant,**

as you may know from the first survey wave (May 2017), the chair for Sports Economics and the IKG examine university sports as a place of physical activity and social interaction. **Since you have already learned more about this course and the university sports, we are highly interested in your opinion and ask you to take part in the survey even if you have already participated in May.**

Please read all questions carefully and tick the applicable boxes. Ignore questions only if an arrow (→) tells you so (e.g. Question 24, in case you answer "External").

Your responses will be treated confidentially. We do not collect personal data so you can share your opinion anonymously.

1 When did you start to participate in university sports at Bielefeld University?  winter semester  summer semester

2 How regularly do you participate in university sports?  once a month  once a week  more than once a week

3 How many courses of university sports do you participate in?   
Enter a number.

4 How many different sports of university sports do you participate in?   
Enter a number.

- 5 With whom do you coordinate the joint course registration?  
Tick all that apply.
- with nobody else
  - with fellow students
  - with friends
  - with other course participants
  - with people I met at the "Sportpartnerbörse"
  - with someone else, namely: .....

6 What was your main objective when registering for this course?

	I ...				
	strongly disagree	disagree	partly agree	agree	strongly agree
a meet new people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b perform the particular sport	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c compete in sports	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d gain health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e get to know a sport I previously never practiced	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f relax	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g enhance physical attractiveness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h improve my self defense	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i utilize the more flexible university sport compared to other providers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

j others, namely:

7 What do you experience in university sports courses?

	I ...				
	strongly disagree	disagree	partly agree	agree	strongly agree
a Diverse contacts are established during the courses.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b Participants gather into small groups.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c Contacts outside of sporting activity are established.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d Carpooling to the course establishes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e I feel like an outsider in the course.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f I can ask other participants for help in everyday life (e.g. help if I move to another place or in daily university routines).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g The course instructor pays attention that everybody is involved.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h The course instructor initiates joint activities outside of the course (e.g. having coffee, BBQ).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8 How many course participants do you know personally?  
*Enter a number.*

9 How many cell phone numbers from other participants are on your phone?  
*Enter a number.*

10 What advantages does university sport have over other providers of sporting activity (e.g. sport clubs)?

11 The next questions relate to the sport taught in this course.

a How regularly do you practise?     at most once a month     at most once a week     more than once a week

b In which year did you first practise?

12 How much do you agree with the following statements?

	I ...				
	strongly disagree	disagree	partly agree	agree	strongly agree
a I would like more English-language courses.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b I would like more courses separated by gender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c I would like to have more contact with other participants.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d I can get to the course easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13 What improvements do you wish university sport to make?

14 Have you already completed this questionnaire in another course in this semester?  yes  no

15 Have you already completed this questionnaire in this course in this semester?  yes  no

**Now we ask you for some general information about yourself.**

16 Your gender?  female  male  other

17 What is your age?

18 From where do you travel to attend this course? Please enter the ZIP code (Postleitzahl) only.

19 What is your mother tongue?

20 In which country did you spend most of the time between age 5 and 12?

21 How many years of schooling have you and your parents completed? Which educational certificates do you and your parents have?

*Please tick the highest qualification.*

	a You:	b Your mother:	c Your father:
no school certificate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
up to 6 years (e.g. Primary or Elementary School)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 years (e.g. Junior High School)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13 years (e.g. Senior High School)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bachelor's degree	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Master's degree	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
doctoral degree (PhD)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

22 What sports did your parents actively engage in / what are they engaging in currently?

a Your mother:

b Your father:

23 In which country did your parents spend most of their time when they were between age 5 and 12?

a Your mother:

b Your father:

24 Which group do you belong to?  Student  Employee  Alumni  External

*Tick all that apply.*

*External: → Please go to question 27*

25 Which faculty / department do you belong to?

26 In which year did you join Bielefeld University?

27 In which year did you move to Bielefeld?

We conducted this survey several weeks ago. To match questionnaires answered by the same person we need to generate an anonymous code.

The code is generated as follows:

The first two letters of your mother's first name (e.g. Mary)

Your birthday (e.g. May 09, 1987)

The first two letters of your fathers first name (e.g. John)

This generates the code: **MA 09 JO**

In case you do not know your mother's or father's first name, please replace the initial letters by **XX**.

Your code:

Thank you for your help!

For questions concerning this questionnaire please contact:

Ulrich Dubbert

ulrich.dubbert@uni-bielefeld.de

## 7.2 Appendix 2: Instructor Questionnaire

The instructor questionnaire was administered in German only. See content translation on p. 11.



**Liebe Kursleiterin, lieber Kursleiter,**

wie dir vielleicht schon bekannt ist, untersucht der Arbeitsbereich V der Abteilung Sportwissenschaft in Kooperation mit dem IKG und dem Hochschulsport das Feld „Hochschulsport“ als Ort der aktiven Bewegung und sozialen Begegnung. Da du als Leiterin oder Leiter die Kursangebote bestens kennst, interessieren wir uns für deine Meinung.

Bitte lies die Fragen genau und kreuze Zutreffendes an. *Solltest du mehr als einen Kurs anleiten:*

1. Es ist für jeden einzelnen deiner Kurse ein separater Fragebogen vorgesehen.
2. Fülle den letzten Teil des Fragebogens ab Frage 6 nur für einen deiner Kurse aus.
3. Beantworte für jeden weiteren Kurs nur die Fragen 1 bis 5 (einschließlich).

Deine Angaben werden selbstverständlich vertraulich behandelt; die Daten werden ausschließlich für die Studie genutzt und nicht an den Hochschulsport übermittelt. *Deshalb bitten wir dich, den ausgefüllten Bogen entweder direkt in die dafür vorgesehene Box bei den Hallenwarten zu legen oder ihn bei Prof. Dr. Christian Deutscher in den Briefkasten (gegenüber von F0-125, graues Postfach, Nr. 26) zu werfen. Alternativ kannst du ihn auch eingescannt via E-Mail schicken an: ulrich.dubbert@uni-bielefeld.de.*

**1. Kursnummer des von dir geleiteten Kurses?**

*Hinweis: Eine Liste mit den Kursnummern findest du bei den Hallenwarten oder auch in der E-Mail vom Hochschulsport.*

stimme ... zu

**2. Was kannst du in deinem Kursangebot beobachten?**

	überhaupt nicht	eher nicht	teilweise	eher	voll und ganz
a Es kommt im Kurs zu „Grüppchenbildung“.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b Es werden im Kurs vielfältige Kontakte geknüpft.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c Es bilden sich Mitfahrgemeinschaften zum Kurs (z.B. mit einem privaten PKW).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**3. Über welche Qualifikation zur Anleitung des Kurses verfügst du (Lizenz, Trainerschein, Praxis o.Ä.)?**

stimme ... zu

**4. Aus der Sicht von Kursleiterinnen und Kursleitern kann ein Kurs unterschiedlichste Ziele verfolgen. Welche dieser Ziele möchtest du persönlich mit deinem Kursangebot bei den Teilnehmerinnen und Teilnehmern erreichen?**

**Sie sollen...**

	überhaupt nicht	eher nicht	teilweise	eher	voll und ganz
a auch über den Sport hinaus Kontakte pflegen bzw. neue knüpfen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b sich sportlich betätigen, auspowern.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c sportlichen Wettkampf ausüben.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d ihre Gesundheit pflegen und verbessern.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e eine neue Sportart kennenlernen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f entspannen, Stress abbauen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g ihre körperliche Attraktivität fördern.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h Selbstverteidigung erlernen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i die Flexibilität gegenüber anderen Sportanbietern nutzen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j sich gemeinsam auch außerhalb der Sportkurse treffen (z.B. zum Kaffeetrinken, Grillen etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**k Sonstiges, nämlich:**

stimme ... zu

5. Nun interessiert uns, wie du die Teilnehmerinnen und Teilnehmer deines Kursangebotes einschätzt: Welche Ziele wollen sie mit der Teilnahme erreichen?

überhaupt nicht	eher nicht	teilweise	eher	voll und ganz
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Sie wollen...

- a auch über den Sport hinaus Kontakte pflegen bzw. neue knüpfen.
- b sich sportlich betätigen, auspowern.
- c sportlichen Wettkampf ausüben.
- d ihre Gesundheit pflegen und verbessern.
- e eine neue Sportart kennenlernen.
- f entspannen, Stress abbauen.
- g ihre körperliche Attraktivität fördern.
- h Selbstverteidigung erlernen.
- i die Flexibilität gegenüber anderen Sportanbietern nutzen.
- j sich gemeinsam auch außerhalb der Sportkurse treffen (z.B. zum Kaffeetrinken, Grillen etc.).

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

k Sonstiges, nämlich:

**Folgende Fragen müssen von jeder Kursleiterin/ von jedem Kursleiter nur einmal beantwortet werden.**

6. Welche Vorteile hat der Hochschulsport für die Kursteilnehmerinnen und Kursteilnehmer gegenüber anderen Sportanbietern?

7. Dein Geschlecht?  weiblich  männlich  anderes

8. Dein Alter?

9. Deine Muttersprache(n)?

10. In welchem Land hast du die meiste Zeit im Alter zwischen 5 und 12 Jahren verbracht?

11. In welchem Land haben deine Eltern die meiste Zeit im Alter zwischen 5 und 12 Jahren verbracht?

a Deine Mutter:

b Dein Vater:

12. Welcher/n Statusgruppe(n) gehörst du an?  Studierende  Bedienstete  Alumni  Externe  
Kreuze alles Zutreffende an!