SPREADING OF SETS IN PRODUCT SPACES
AND HYPERCONTRACTION OF
THE MARKOV OPERATOR

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For a pair of random variables, \((X, Y)\) on the space \(\mathcal{H} \times \mathcal{U}\) and a
positive constant, \(\lambda\), it is an important problem of information theory to look for
subsets \(\mathcal{A}\) of \(\mathcal{H}\) and \(\mathcal{B}\) of \(\mathcal{U}\) such that the conditional probability
of \(Y\) being in \(\mathcal{B}\) supposes \(X\) is in \(\mathcal{A}\) is larger than \(\lambda\). In many typical
situations in order to satisfy this condition, \(\mathcal{B}\) must be chosen much larger
than \(\mathcal{A}\). We shall deal with the most frequently investigated case when
\(X = (X_1, \ldots, X_n)\), \(Y = (Y_1, \ldots, Y_n)\) and \((X_i, Y_i)\) are independent, identically
distributed pairs of random variables with a finite range. Suppose
that the distribution of \((X, Y)\) is positive for all pairs of values \((x, y)\). We
show that if \(\mathcal{A}\) and \(\mathcal{B}\) satisfy the above condition with a constant \(\lambda\) and
the probability of \(\mathcal{A}\) goes to 0, then the probability of \(\mathcal{A}\) goes even faster
to 0. Generalizations and some exact estimates of the exponents of
probabilities are given. Our methods reveal an interesting connection with a
so-called hypercontraction phenomenon in theoretical physics.

1. Introduction. For a pair of random variables \((X, Y)\) on the space \(\mathcal{H} \times \mathcal{U}\)
and positive constant \(\lambda\), it is an important problem of information theory to look
for pairs of sets \(\mathcal{A} \subset \mathcal{H}, \mathcal{B} \subset \mathcal{U}\) such that

\[
\Pr [Y \in \mathcal{B} | X \in \mathcal{A}] \geq \lambda.
\]

In many typical situations in order to satisfy (1.1), \(\Pr [Y \in \mathcal{B}]\) must be much
larger than \(\Pr [X \in \mathcal{A}]\). We shall deal with the most frequently investigated
case where

\[
\mathcal{H} = \mathcal{H}_1 \times \cdots \times \mathcal{H}_n, \quad \mathcal{U} = \mathcal{U}_1 \times \cdots \times \mathcal{U}_n, \\
X = (X_1, \ldots, X_n), \quad Y = (Y_1, \ldots, Y_n),
\]

and \((X_i, Y_i)\) are independent, identically distributed pairs of random variables
with finite ranges \(\mathcal{H}_i \times \mathcal{U}_i\). We use the notations

\[
\mathcal{H}^n = \mathcal{H}_1 \times \cdots \times \mathcal{H}_n, \quad X^n = (X_1, \ldots, X_n).
\]

Thus (1.1) turns into

\[
\Pr [Y^n \in \mathcal{B} | X^n \in \mathcal{A}] \geq \lambda.
\]

Suppose for a moment that the distribution of \((X_i, Y_i)\) is fixed in such a way that
for all \(x \in \mathcal{H}_i, y \in \mathcal{U}_i\) we have

\[
\Pr [X_i = x, Y_i = y] > 0.
\]
Let us fix $\lambda$ independently of $n$. We shall show that if $\mathcal{A}$ and $\mathcal{B}$ satisfy (1.2) and $\Pr \left[ Y^n \in \mathcal{B} \right] \to 0$ then $\Pr \left[ X^n \in \mathcal{A} \right] / \Pr \left[ Y^n \in \mathcal{B} \right] \to 0$ uniformly in $n$. Another formulation of the same result is that for every $\lambda_1 > 0$ and $\lambda_2 > 0$ there is a $\lambda > 0$ (independent of $n$) such that $\Pr \left[ Y^n \in \mathcal{B} \mid X^n \in \mathcal{A} \right] \geq \lambda_1$, $\Pr \left[ X^n \in \mathcal{A} \mid Y^n \in \mathcal{B} \right] \geq \lambda_2$ implies $\Pr \left[ X^n \in \mathcal{A}, Y^n \in \mathcal{B} \right] \geq \lambda$. This says that in the product spaces $\mathcal{A}^n$, $\mathcal{B}^n$ there are no pairs of small sets going into each other with a large (i.e., constant) probability.

Actually, our results are sharper than this. Under the above conditions, we show that there is an $r > 1$ such that with some function $c(\lambda) > 0$, (1.2) implies

$$\Pr \left[ Y^n \in \mathcal{B} \right] \geq c(\lambda) \Pr \left[ X^n \in \mathcal{A} \right]^r$$

for all $n$. This result can be interpreted as follows. If we know by chance that the random sequence $X^n$ is in the set $\mathcal{A}$ so that we have some “information” of the amount $-\log \Pr \left[ X^n \in \mathcal{A} \right]$ about $X^n$, our information, in any reasonable sense, about $Y^n$, will be only $-r \log \Pr \left[ X^n \in \mathcal{A} \right]$ i.e., a constant times less.

In [1] we have shown that if $\mathcal{A}$ and $\mathcal{B}$ satisfy (1.2), then $n^{-1} \log \Pr \left[ Y^n \in \mathcal{B} \mid X^n \in \mathcal{A} \right] \to 0$ and $n^{-1} \log \Pr \left[ X^n \in \mathcal{A} \mid Y^n \in \mathcal{B} \right] \to 0$ implies $n^{-1} \log \Pr \left[ X^n \in \mathcal{A}, Y^n \in \mathcal{B} \right] \to 0$. That is, we cannot have two exponentially small sets $\mathcal{A}$, $\mathcal{B}$ going into each other with greater than exponentially small probability. Witsenhausen showed that if both conditional probabilities are larger than some constant depending on the distribution of $(X_i, Y_i)$ then $\Pr \left[ X^n \in \mathcal{A}, Y^n \in \mathcal{B} \right]$ is also larger than some constant $\lambda_2 > 0$.

In [2] we have investigated pairs of sets $\mathcal{A}$, $\mathcal{B}$ satisfying (1.2) and having probabilities which are exponentially small in $n$. We have determined all possible pairs of exponents. From the results proved there we later deduced together with J. Körner and I. Csiszár that if in the condition (1.2) $\lambda$ goes to $1$ as $n \to \infty$ then with an appropriate $r$ we have (1.3) (we have also determined the best $r$). In this paper we remove the condition $\lambda \to 1$. To formulate the result more generally, we first give a condition weaker than the positivity of $\Pr \left[ X_i = x, Y_i \right]$. The distribution of $(X, Y)$ is called decomposable if there exist $\mathcal{A}$, $\mathcal{B}$ such that $0 < \Pr \left[ X \in \mathcal{A} \right]$, $\Pr \left[ Y \in \mathcal{B} \right] < 1$, $\Pr \left[ X \in \mathcal{A}, Y \in \mathcal{B} \right] = 1$. Note that if $\Pr \left[ X = x, Y = y \right]$ is positive for all pairs then the distribution of $(X, Y)$ is indecomposable.

**Theorem 1.** If the distribution of $(X_i, Y_i)$ is indecomposable then there exist $r > 0$, $r < 1$ such that for all $n$, $\mathcal{A}$, $\mathcal{B}$

$$\Pr \left[ Y \in \mathcal{B} \right] \geq \Pr \left[ Y^n \in \mathcal{B} \mid X^n \in \mathcal{A} \right]^r \cdot \Pr \left[ X^n \in \mathcal{A} \right]^r$$

**Remark.** A more symmetrical formulation is: there are $\sigma$, $\tau$ with $0 < \sigma$, $\tau < 1$, $\sigma + \tau > 1$ such that

$$\Pr \left[ X^n \in \mathcal{A}, Y^n \in \mathcal{B} \right] \leq \Pr \left[ X^n \in \mathcal{A} \right]^r \cdot \Pr \left[ Y^n \in \mathcal{B} \right]^r$$

Note that if $\sigma + \tau = 1$ then this inequality follows from Hölder's inequality without any conditions on the distribution of $(X_i, Y_i)$. 
However, our later more sharp results as well as the interpretation concern the nonsymmetrical form.

In this paper we determine the best constant $r$ as well as the best $r$ which is
appropriate for any input distribution $\Pr [X = x]$ at a fixed transition probability
matrix

$$\Pr [Y = y | X = x] \quad (x \in \mathcal{X}, y \in \mathcal{Y}).$$

In proving Theorem 1 we shall actually prove more. Let us fix an $L_r$-norm for
the functions defined on $\mathcal{X}^n$. Then there is an $L_r$-norm with $q/p \leq r$ for
the functions defined on $\mathcal{Y}^n$ such that the Markov operator $T^*$ defined by

$$(T^*g)(x) = E[g(Y^* | X^n = x)$$

takes all functions $g$ with $\|g\|, \leq 1$ to functions $T^*g$ satisfying $\|T^*g\|, \leq 1$.

As Professor Dobrushin noted, this so-called hypercontracting property of
the Markov operator as well as the problem of determining the best $q$ was inde-
pendently considered in theoretical physics (for Gaussian distributions, see [6]).

At the end we illustrate the results on the case of binary random variables.

We are indebted to I. Csiszár and J. Körner for their contributions to The-
orem 4 and Theorem 9 and for several useful discussions about the problem. We
also are thankful to J. Komlós and Major for their valuable advice.

2. Statement of the main results.

A. Hypercontraction of the Markov operator. In order to keep the notation
simple we denote the elements of $\mathcal{X}$ (resp. $\mathcal{Y}$) and also the elements of $\mathcal{X}^n$
(resp. $\mathcal{Y}^n$) by $x$ (resp. $y$). It will be always clear from the context with which
set we are dealing. Let us also use the abbreviations

$$w^n(\mathcal{X} | x) = \Pr [Y^n \in \mathcal{X} | X^n = x]$$
$$P^n(\mathcal{X}) = \Pr [X^n \in \mathcal{X}], \quad Q^n(\mathcal{X}) = \Pr [Y^n \in \mathcal{Y}]$$
$$P^i = P, \quad P^n(x) = P^n(\{x\}).$$

The transition probability matrix $\{w^n(y | x)\}$ is denoted by $\mathcal{W}^n$. We can always
assume without loss of generality that

$$P(x), Q(x) > 0 \quad \text{for all} \quad x \in \mathcal{X}, \ y \in \mathcal{Y}.$$ 

The simultaneous distribution of the random variables $X, Y$ will be denoted by
$(W, P)$.

We denote by $\mathcal{F}(\mathcal{X})$ the set of all real-valued functions defined on the set $\mathcal{X}$
and define the Markov operator $T : \mathcal{F}(\mathcal{Y}) \to \mathcal{F}(\mathcal{X})$ by

$$(Tg)(x) = \sum_{y \in \mathcal{Y}} w(y | x)g(y) = E[g(Y) | X = x].$$

The operator $T^* : \mathcal{F}(\mathcal{Y}^n) \to \mathcal{F}(\mathcal{X}^n)$ is then the tensor power of $T$. Notice that
if $f_\alpha(x) = w^n(\mathcal{X}^n | x)$ and $1_\alpha(x)$ is the indicator function of $\mathcal{X}$ then $f_\alpha = T^*1_\alpha$.

For any $p \geq 1$ we denote by $s_p(W, P)$ the minimum of those $r$ which satisfy
for every $g \in \mathcal{F}(\mathcal{Y})$ the inequality

$$\{E[(Tg)(X)]^p\}^{1/p} \leq \{Eg(Y)^r\}^{1/rp}.$$
If we consider $\mathcal{F}(\mathcal{X})$ and $\mathcal{F}(\mathcal{Y})$ together with the underlying measures $P$ and $Q$, then (2.2) can be written as

\begin{equation}
\|Tg\|_p \leq \|g\|_{\rho_p} \tag{2.3}
\end{equation}

where $\|\cdot\|_p$ is the $L_p$-norm, integration taken with respect to the underlying measures. (It will turn out that $\rho_p$ is never less than 1.)

$s_p(n) = s_p(W^n, P^n)$ shows many similarities with the maximal correlation $\rho(W^n, P^n)$. The maximal correlation $\rho(W, P)$ of $X$ and $Y$ is defined as the maximum of

$$Ef(X)g(Y)$$

for those functions $f$ defined on $\mathcal{X}$, $g$ defined on $\mathcal{Y}$ satisfying

$$Ef(X) = Eg(Y) = 0, \quad Ef(x) = Eg(y) = 1.$$

$\rho$ is 0 iff $X$ and $Y$ are independent and 1 iff the distribution of $(X, Y)$ is decomposable. (See, for example, [6].) If $(X_i, Y_i) (i = 1, \ldots, n)$ are independent but not necessarily equidistributed with distributions $(W_i, P_i)$ then (see [2], [6])

$$\rho(W^n, P^n) = \max_i \rho(W_i, P_i).$$

The following two theorems insure

$$s_p(n) = s_p(1) < 1 \quad \text{for} \quad p > 1$$

and together with Lemma 1 below give Theorem 1 as an immediate consequence.

**Theorem 2.** Let $(X_i, Y_i) (i = 1, \ldots, n)$ be independent pairs of random variables —not necessarily equidistributed—with distributions $(W_i, P_i)$ and corresponding Markov operators $T_i$.

We have

$$s_p(W^n, P^n) = \max_i s_p(W_i, P_i).$$

**Theorem 3.**

(a) $s_p \geq p^{-1}$ with equality if and only if $X$ and $Y$ are independent. $s_1 = 1$, $s_p$ is monotonically decreasing in $p$.

(b) $s_p \geq \rho^2 + p^{-1}(1 - \rho^2)$ where $\rho$ is the maximal correlation.

(c) If $(W, P)$ is indecomposable then $s_p$ is strictly decreasing in $p$.

**Lemma 1.** For all $n$, $\mathcal{A} \subset \mathbb{X}^n$, $\mathcal{B} \subset \mathcal{Y}^n$, $p \geq 1$ we have (denoting $s_p$ by $r$)

\begin{equation}
Q^n(\mathcal{B}) \geq \Pr \{ Y^n \in \mathcal{B} | X^n \in \mathcal{A} \}^{pr} \cdot P^n(\mathcal{A})^{1/pr}. \tag{2.4}
\end{equation}

**Proof.** We have by Hölder's inequality

$$\Pr \{ X^n \in \mathcal{A}, Y^n \in \mathcal{B} \} = \mathbb{E}_{\mathcal{A}}(X^n)f_{\mathcal{A}}(X^n)$$

$$\leq P(\mathcal{A})^{-1/p} \cdot \{ Ef_{\mathcal{B}}(X^n)p \}^{1/p} \leq P(\mathcal{A})^{-1/p} \cdot Q(\mathcal{B})^{1/pr}.$$  

Rearrangement gives (2.4).

**B. $\lambda$-kernels, connection between the $L_\mu$-norm and the $I$-divergence.** In order to
state our next results we need the following definitions. The “λ-kernel” \( \Psi_{\lambda}(S) \) of a set \( S \subseteq \mathcal{Y} \) is defined by

\[
\Psi_{\lambda}(S) = \{ x \in \mathcal{Y}^n \mid w^\lambda(S|x) \geq \lambda \}.
\]

(This notation is different from the one used in [1]; the set denoted here by \( \Psi_{\lambda}(S) \) was denoted there by \( \Psi_{s_{\lambda}}(S) \).

For a finite set \( \mathcal{X} \) and probability distributions \( R, S \) on \( \mathcal{X} \) we define the relative entropy of \( R \) (it is the negative of the \( I \)-divergence of Kullback [4]) with respect to \( S \) by

\[
H_s(R) = \sum_x R(x) \log \frac{S(x)}{R(x)}.
\]

It is known that \( H_s(R) \leq 0 \) and equality holds if and only if \( R = S \).

For a distribution \( R \) over \( \mathcal{X} \) we define the distribution \( T^*R \) over \( \mathcal{Y} \) by

\[
(T^*R)(S) = \sum_x w(S|x) R(x).
\]

Note that \( Q = T^*P \). The quantity

\[
\delta = \delta(W, P) = \sup_{R:R \neq P} \frac{H_Q(T^*R)}{H_P(R)}
\]

will play an important role in the sequel. As was shown in [1], the behaviour of the function

\[
D_n(\lambda, \delta, W, P) = \max_{\mathcal{S} : \mathcal{Q}^\lambda(S) \leq \delta} \log \frac{Q^\lambda(S)}{\log P^\lambda(\Psi_{\lambda}(S))}
\]

is of particular interest in multiuser communication theory. We use the abbreviation

\[
D_n(\lambda, \delta) = D_n(\lambda, \delta, W, P).
\]

The function is monotone in \( \lambda, n \) and \( \delta \). Therefore the following limits exist:

\[
D(\lambda, \delta) = \lim_{n \to \infty} D_n(\lambda, \delta), \quad D(\lambda) = \lim_{\delta \to 0} D(\lambda, \delta).
\]

From [1] we derived together with I. Csiszár and J. Körner

**Theorem 4.**

(a) \( \lim_{\lambda \to 1} D(\lambda) = \delta \).

(b) If \((W, P)\) is indecomposable then \( \delta < 1 \).

It is easy to show that \( \delta \) is 0 iff \( X \) and \( Y \) are independent and \( \delta = 1 \) if \((W, P)\) is decomposable. (b) of Theorem 4 is also of independent interest. It says that if \((W, P)\) is indecomposable then the Kullback \( I \)-divergence \( -H_Q(T^*R) \) of the output distribution \( T^*R \) from \( Q \) is by a constant multiple less than the \( I \)-divergence of the input distribution \( R \) from \( P \).

Our main task is to investigate the behaviour of \( D(\lambda, \delta) \), in the case when \( \lambda \) does not converge to 1. For this we need in addition to the results stated in so far a further theorem which relates the quantities \( \delta_p = \delta_p(W, P) \) and \( \delta = \delta(W, P) \).
Since by Theorem 2, \( s_p(n) = s_p(1) \), one obtains the best estimate in (2.4) by replacing \( s_p(n) \) by \( s \), where

\[
(2.11) \quad s = s(W, P) = \inf_{p \in \Pi} s_p(W, P)
\]

**Theorem 5.**

(a) \( \underline{s} = s \) and \( s \) is the minimum of those \( r \) satisfying

\[
(2.12) \quad E \prod_g g(y)^{w(y,x)} \leq \{ Eg(Y)^r \}^{1/r}
\]

for every \( g \in \mathcal{F}(\mathcal{U}) \), \( g \geq 0 \).

(b) There is a constant \( c(W) \) depending only on \( W \) such that

\[
s_p(W, P) - s(W, P) \leq c(W) \cdot p^{-1}.
\]

Notice that we have as a consequence of Theorems 2.5 and Definition (2.11) that

\[
\underline{s}(W^n, P^n) = \underline{s}(W, P).
\]

This can also be derived from results of [1].

Now we are ready to state our main result about \( D(\lambda, \delta) \), which goes beyond Theorem 4. Now in this result is not only the fact that \( D(\lambda) \) equals \( \underline{s} \) but also that it is less than one.

**Theorem 6.**

(a) \( D(\lambda) = \underline{s} \) for all \( \lambda \) with \( 0 < \lambda < 1 \).

(b) For \( \delta < \lambda^2 \)

\[
D(\lambda, \delta) \leq \underline{s} + O\left(\frac{\log \lambda}{\log \delta}\right).
\]

**Proof.** Since evidently

\[
\Pr \left[ Y^n \in \mathcal{G} | X^n \in \mathcal{G}(\lambda) \right] \geq \lambda,
\]

Lemma 1 yields

\[
(2.13) \quad \frac{\log Q^n(\mathcal{G})}{\log P^n(\mathcal{G}(\lambda))} \leq s_p(n) + \frac{s_p(n) \cdot p \log \lambda}{\log Q^n(\mathcal{G}(\lambda))}
\]

\[
\leq s_p(n) + \frac{p \log \lambda}{\log Q^n(\mathcal{G}) - \log \lambda}.
\]

This and Theorem 2 imply

\[
(2.14) \quad D_p(\lambda, \delta) \leq s_p + \frac{p \log \lambda}{\log \delta - \log \lambda}
\]

for all \( n \) and therefore also

\[
(2.15) \quad D(\lambda, \delta) \leq s + \frac{p \log \lambda}{\log \delta - \log \lambda}.
\]

The right-hand side tends to \( s_p \) as \( \delta \) goes to 0. Therefore

\[
(2.16) \quad D(\lambda) \leq s = \inf_{p \in \Pi} s_p, \quad 0 < \lambda < 1.
\]
Since \( s = \delta \) (by Theorem 5) and since \( D(\lambda) \) is decreasing in \( \lambda \), (a) follows from (2.16) and Theorem 4. Using \( \delta < \lambda^2 \) and (b) of Theorem 5 we obtain from (2.15)

\[
D(\lambda, \delta) \leq s + O \left( p^{-1} + p \frac{\log \lambda}{\log \delta} \right).
\]

Choosing \( p = (\log \lambda / \log \delta)^{-1} \) one gets (b). □

Notice that (2.13) is equivalent to

\[
P^n(\Psi_\lambda(\mathcal{B})) \leq \lambda^{-\gamma} Q^*(\mathcal{B})^{1/r}
\]

where \( r = s_p(n) \).

By Theorems 2, 3 if \((W, P)\) is indecomposable, then \( s_p(n) = s_p < 1 \), and hence we have the

**COROLLARY 1.** If \((W, P)\) is indecomposable, then there is a constant \( r < 1 \), and for all \( \lambda (0 < \lambda < 1) \) a \( c(\lambda) > 0 \) such that for all \( n \) and \( \mathcal{B} \),

\[
P^n(\Psi_\lambda(\mathcal{B})) \leq c(\lambda) Q^*(\mathcal{B})^{1/r}.
\]

C. **Relation to maximal correlation.** We mentioned already earlier that Theorem 2 expresses a property of \( s_p \), and hence by Theorem 5 also of \( s \) and \( \delta \), which is very familiar for the maximal correlation. The following result establishes a connection between \( s = \delta \) and

**THEOREM 7.** The following properties of \((X, Y)\) are equivalent and imply \( s = \delta^2 \):

(i) The inequality

\[
H_q(T^*R)/H_p(R) \leq s
\]

is always strict unless \( R = P \).

(ii) The inequality

\[
E \prod_x g(y)^{v(w, x)} \leq [Eg(Y)^v]^{1/v}
\]

is always strict unless \( g \) is a constant.

D. **Bounds on \( D_n(\lambda, \delta, W) = \max_P D_n(\lambda, \delta, W, P) \).** Let us now turn to the problem of finding an estimate on \( D_n(\lambda, \delta, W, P) \) which is independent of the distribution \( P \). This problem has arisen in [1]. We define

\[
\bar{D}(\lambda, \delta) = \lim_{n \to \infty} \max_P D_n(\lambda, \delta, W, P)
\]

and

\[
\bar{\rho}(W) = \max_P \rho(W, P).
\]

**THEOREM 8.**

\[
\max_P s(W, P) = \bar{\rho}(W).
\]

(For the definition of \( s(W, P) \) see (2.11).)

Notice that \( c(W) \) in Theorem 4 is independent of \( P \). We therefore obtain as a consequence of Theorem 6 and Theorem 8
Corollary 2.

(a) \( \tilde{D}(\lambda) = \lim_{\delta \to 0} D(\lambda, \delta) = \tilde{\rho}(W) \).

(b) For \( \delta < \lambda^2 \) we have
\[
D(\lambda, \delta) \leq \rho^2(W) + O\left(\frac{\log \lambda}{\log \delta}\right).
\]

Remark. A simple necessary and sufficient condition for \( \tilde{\rho}(W) < 1 \) can be given: for every pair \( x_1, x_2 \in \mathcal{Z} \) there exists a \( y \in \mathcal{Y} \) such that
\[
w(y|x_1) \cdot w(y|x_2) > 0.
\]

E. Illustration of the behaviour of \( s(W, P) \) in the binary case. Suppose that
\[
\mathcal{Z} = \mathcal{Y} = \{0, 1\} \quad \text{and} \quad W_{\alpha\beta} = \left(\begin{smallmatrix} 1-\alpha & \alpha \\ \beta & 1-\beta \end{smallmatrix}\right) \quad (0 < \alpha, \beta < \frac{1}{2}).
\]

We denote by \( P_{\alpha\beta} \) the stationary input probability distribution:
\[
Q_{\alpha\beta} = T^* P_{\alpha\beta} = P_{\alpha\beta}.
\]

Evidently,
\[
P_{\alpha\beta}(0) = P_{\alpha\beta}(1) = \frac{1}{2}.
\]

Theorem 9.

(a) \( s(W_{\alpha\alpha}, P_{\alpha\alpha}) = \rho^2(W_{\alpha\alpha}, P_{\alpha\alpha}) = \tilde{\rho}(W_{\alpha\alpha}) = (1 - 2\alpha)^2 \).

(b) If \( \alpha \neq \beta \) then
\[
s(W_{\alpha\beta}, P_{\alpha\beta}) > \rho^2(W_{\alpha\beta}, P_{\alpha\beta}).
\]

3. Norm improvement of the Markov operator, proof of Theorems 2 and 3.

Proof of Theorem 2. It is enough to prove the statement for \( n = 2 \). The general case is then proved by induction.

(1) \( s_p(W^2, P^2) \geq \max_{i=1,2} s_p(W_i, P_i) \).

Let us define the operator
\[
\Pi_1: \mathcal{F}(\mathcal{Z}_1) \to \mathcal{F}(\mathcal{Z}_1) \quad \text{by} \quad (\Pi_1 g)(y_1, y_2) = g(y_2).
\]

Then we have for any \( g \in \mathcal{F}(\mathcal{Z}_1) \), \( ||\Pi_1 g||_p = ||g||_p \), \( ||T^1 \Pi_1 g||_p = ||T^1 g||_p \). Hence
\[
s_p(W^2, P^2) \geq s_p(W_1, P_1). \quad \text{The same holds for} \quad s_p(W_2, P_2).
\]

(2) \( s_p(W^2, P^2) \leq \max_{i=1,2} s_p(W_i, P_i) \).

For a function \( h \) in some \( \mathcal{F}(\mathcal{Z}_1 \times \mathcal{Z}_2) \) and any \( z_i \in \mathcal{Z}_i \) we define \( h_{z_i} \in \mathcal{F}(\mathcal{Z}_2) \) by
\[
h_{z_i}(z_2) = h(z_1, z_2).
\]

Let us write, for a moment,
\[
r = \max_{i=1,2} s_p(W_i, P_i).
\]
Then we have

$$
\|T^2g\|_p = \left(\sum_{x_1, x_2} P_1(x_1) P_2(x_2) [\langle T^2g(x_1, x_2) \rangle^p]^{1/p}\right)^{1/p} = \left(\sum_{x_1} P(x_1) E[\langle T^2g \rangle_{x_1} (X_2)^p]^{1/p}\right)^{1/p} = \left(E[\langle T^2g \rangle_{x_1}]_{[x_2]}^{1/p}\right)^{1/p}.
$$

Now

$$
(T^2g)_{x_1} = \sum_{y_1} w(y_1 | x_1) T_2 g_{y_1}.
$$

By Minkowski's inequality

$$
\| (T^2g)_{x_1} \|_p \leq \sum_{y_1} w(y_1 | x_1) \|T_2 g_{y_1}\|_p.
$$

If we define $h(y_i) = \|T_2 g_{y_i}\|_p$, then the right-hand side is equal to $(T_2 h)(x_1)$. Thus we have by the definition of $r$

$$
\| T^2 g \|_p \leq \left[ E[\langle T_2 h(X_1) \rangle^p]^{1/p} \right]^{1/r} = \left[ E h(Y_1)^{r_p} \right]^{1/r_p} = \left[ E\|T_2 g_{y_1}\|_p^{r_p} \right]^{1/r_p} \leq \|g\|_{r_p},
$$

which completes the proof.

**Proof of Theorem 3.** We shall use a simple fact, well known from elementary calculus.

**Fact 1.** Let $Q$ be a distribution on $\mathcal{X}$, $g \in \mathcal{F}(\mathcal{Y})$, $g \geq 0$. Then the expression

$$
\|g\|_q = \left\| \sum_y Q(y) g(y)^q \right\|^{1/q}
$$

is increasing in $q$ ($q > 0$) and

$$
\lim_{q \to 0} \|g\|_q = \prod_y g(y)^{q(y)} \quad \text{where} \quad 0^0 = 1.
$$

If $\exists y_0, y_1$ with $g(y_0) \neq g(y_1)$ and $Q(y_0), Q(y_1) > 0$, then $\|g\|_q$ is strictly increasing.

Proof of (a). It is easy to see that (2.3) holds for all $g \in F(y)$ iff it holds for all $g \geq 0$. Choosing now $g^{r_p}$ instead of $g$, (2.2) can be written as

$$
(3.1) \quad \left[ E \left( \sum_x w(x | Y) g(Y)^{r_p} \right)^{r_p} \right]^{1/r_p} \leq Eg(Y) .
$$

It follows from Fact 1 that the left-hand side of (3.1) is decreasing in $p$. But then $s_p$ is also decreasing, which was to be proved. The other statements of (a) are trivial.

(b) Since all our inequalities are homogeneous, we can normalize them. Let us define $\mathcal{F}_+ = \mathcal{F}_+^{+}(\mathcal{X})$ by

$$
(3.2) \quad \mathcal{F}_+^{+}(\mathcal{X}) = \{ g | g \in \mathcal{F}(\mathcal{X}), g \geq 0, Eg(Y) = 1 \}.
$$

Set

$$
(3.3) \quad F_{p,r}(g) = E[\langle Tg^{r_p} \rangle(X)]^p .
$$

(2.2) is then equivalent to

$$
(3.4) \quad F_{p,r}(g) \leq 1 \quad \text{for all} \quad g \in \mathcal{F}_+^{+} .
$$

Finally, we define $g_0$ by

$$
(3.5) \quad g_0(y) = 1 \quad \text{for all} \quad y \in \mathcal{Y} ,
$$
and \( r_p \) by

\[
(3.6) \quad r_p = \rho^2 + p^{-1}(1 - \rho^2).
\]

We complete the proof of (b) and show that in a small neighbourhood of \( g_0 \), \( r_p \) can be substituted by a value close to \( r_p \).

**Lemma 2.**

(a) \( s_p \geq r_p \).

(b) For every \( \epsilon > 0 \) there exists a neighbourhood \( U_\epsilon(g_0) \) of \( g_0 \) in \( \mathcal{F}_{+1} \) such that for all \( p \geq 1 \), \( r \geq r_p + \epsilon \) implies \( F_{p,r}(g) \leq 1 \) for all \( g \in U_\epsilon(g_0) \).

**Proof.** We consider \( F_{p,r}(g) \) as a function of the vector \( g \) and differentiate it partially.

\[
\frac{\partial F_{p,r}}{\partial g(y)}(g) = r^{-1}g(y)^{1/rp-1}Ew(y|X)((Tg^{1/rp})(X))^{p-1},
\]

\[
\frac{\partial^2 F_{p,r}}{\partial g(y_0) \partial g(y_1)}(g) = r^{-2}(1 - p^{-1})[g(y_0)g(y_1)]^{1/rp-1}Ew(y_0|X)w(y_1|X)((Tg^{1/rp})(X))^{p-2}
\]

\[
+ \delta_{y_0,y_1}r^{-1}(1/rp - 1)g(y_0)^{1/rp-2}Ew(y_0|X)((Tg^{1/rp})(X))^{p-1}.
\]

Here \( \delta_{y_0,y_1} \) is the Kronecker symbol. It is easy to see that these expressions converge uniformly in \( p \) to their values at \( g_0 \) as \( g \to g_0 \). Now we have

\[
\frac{\partial F_{p,r}}{\partial g(y)}(g_0) = r^{-1}Q(y),
\]

\[
\frac{\partial^2 F_{p,r}}{\partial g(y_0) \partial g(y_1)}(g_0) = r^{-2}(1 - p^{-1}) \left\{ \frac{Ew(y_0|X)w(y_1|X)}{p - 1} - \delta_{y_0,y_1}Q(y_0)(rp - 1) \right\}.
\]

Define now

\[
(3.7) \quad \mathcal{F} = \mathcal{F}^0(\mathcal{D}) = \{ h \in \mathcal{F}(\mathcal{D}) \mid Eh(Y) = 0 \}.
\]

It is known (see [6]) that the quadratic form

\[
\sum_{y_0,y_1} \frac{\partial^2 F_{p,r}}{\partial g(y_0) \partial g(y_1)}(g_0)h(y_0)h(y_1)
\]

is negative semidefinite in the space \( \mathcal{F}^0 \) iff

\[
(3.8) \quad \rho^2 \leq \frac{rp - 1}{p - 1},
\]

and is negative definite iff strict inequality holds in (3.8). This fact, together with the uniform convergence, proves Lemma 1 completely, because (3.8) is equivalent to (a) of Lemma 2.

(c) Suppose \( p < p' \), \( \epsilon = (r_p - r_{p'})/2 \). Then, with \( r' = r_p + \epsilon \), \( F_{p',r'}(g) \leq 1 \) for all \( g \in U_\epsilon(g_0) \). Put \( r = r_p \). We claim that

\[
(3.9) \quad F_{p',r'}(g) < F_{p,r}(g) \quad \text{for all } g \neq g_0.
\]

Let us suppose that \( g \neq g_0 \).
We denote
\[ \mathcal{B} = \{ y_0 \in \mathcal{Y} \mid g(y_0) = \max_y g(y) \}, \]
\[ \mathcal{A} = \{ x \in \mathcal{X} \mid \exists y \in \mathcal{B} \text{ s.t. } w(y \mid x) > 0 \}. \]
Since \( g \neq g_0 \) we have \( 0 < \mathbb{P}(\mathcal{B}) < 1 \). We have assumed that the distribution of \((X, Y)\) is indecomposable. Thus there is a pair \((x, y)\) such that \( w(y \mid x) > 0 \) and either \( x \in \mathcal{A}, y \notin \mathcal{B} \) or \( x \notin \mathcal{A}, y \in \mathcal{B} \). The later possibility is ruled out by the construction of \( \mathcal{A} \). Therefore we have an \( x \in \mathcal{B} \) such that there are \( y_i \in \mathcal{B}, y_i \notin \mathcal{B} \) with \( w(y_i \mid x) > 0 \) \( (i = 0, 1) \). Hence by Fact 1
\[ (3.10) \quad \left[ \sum_y w(y \mid x) g(y)^{1/p'} \right]^{p'} > \left[ \sum_y w(y \mid x) g(y)^{1/p} \right]^{p} \]
and this implies \( (3.9) \).

Now, the set \( \mathcal{F}^{+}_{f} - U_f(g_0) \) is compact and on it, \( (3.9) \) holds. By the continuity of \( F_{r', f}(g) \) we can choose an \( r'' < r = s_p \) such that
\[ (3.11) \quad F_{r', r''}(g) \leq 1 \quad \text{for all } g \notin U_f(g_0), \]
and we obtain
\[ (3.12) \quad s_p'' \leq \max (r', r'') < s_p, \]
which was to be proved.

4. \( \lambda \)-kernels, proof of Theorem 4. We prove Theorem 4 by proving the following three statements:
(a) \[ D(\lambda) \leq \xi \quad \text{for all } \lambda < 1, \]
(b) \[ \lim_{\lambda \to 1} D(\lambda) \leq \xi, \]
(c) \[ \text{If } (W, P) \text{ is indecomposable then } \xi < 1. \]

Even though they are provable independently (a) follows from \((2.16)\) and Theorem 5 and (b) follows from Theorem 3 and Theorem 5. Thus we have to prove only (a).

In [1] we have pointed out that (in our notation) for every distribution \( R \neq P \) over \( \mathcal{Y}^n \) there exists a sequence \( \mathcal{B}_n \) of subsets of \( \mathcal{Y}^n \) such that for any \( \lambda > 0 \),
\[ \lim_{n \to \infty} n^{-1} \log Q^n(\mathcal{B}_n) = H_0(T^n R), \]
\[ \liminf_n n^{-1} \log P^n(\mathcal{B}_n) \geq H_0(R). \]
Now fix a distribution \( R \neq P \) such that \( H_0(T^n R) = 0 \). Denote by \( n(\delta) \) the least integer \( n \) such that \( Q^n(\mathcal{B}_n) \leq \delta \). Then we have
\[ \liminf_{n \to \infty} D(\lambda, \delta) \geq H_0(T^n R)/H_0(R). \]
The left side is clearly not greater than \( D(\lambda) \) which completes the proof of (a).

5. Connections between the \( L_p \)-norm, the \( \ell \)-divergences and the maximal correlation. Proofs of Theorems 5, 7 and 8. We use the function
\[ (5.1) \quad G_r(g) = E \prod_y g(y)^{w(y \mid x)/r}. \]
A. Proof of Theorems 5 and 7. We denote by \( s^* \) the minimum of those \( r \) for which \( G_r(g) \leq 1 \) for all \( g \in \mathcal{F}^{+}_{f} \), that is the minimal \( r \) for which \((2.12)\) holds.
(a.) First we show that \( s = s^* \). By Fact 1 we have \( G_r \leq F_{p,r} \). This proves \( s^* \leq s \). Let us fix now an \( r > s^* \). Put
\[
\mathcal{F}_r = \{ g \in \mathcal{F}_+^{1} \mid G_r(g) = 1 \} .
\]
We shall show that \( \mathcal{F}_r = \{ g_0 \} \). If \( g_1 \in \mathcal{F}_r \), then clearly for all \( x \)
\[
\prod_{y} g_1(y)^{w(y|x)} = 1
\]
by Fact 1. Hence \( g_1 > 0 \). Let us compute the first derivative of \( G_r(g) \) in a \( g_1 > 0 \).
\[
(5.2) \quad \frac{\partial G_r}{\partial g(y_0)} = r^{-1} g_1(y_0)^{-1} E w(y_0 | x) \prod_{y} g_1(y)^{w(y|x)/r} .
\]
If \( g_1 \in \mathcal{F}_r \), then this is equal to \( r^{-1} g_1(y_0)^{-1} Q(y_0) \). Now \( G_r(g) \) has a maximum at \( g_1 \) in \( \mathcal{F}_+^{1} \). Hence, by the theorem on Lagrange's multipliers, \( g_1^{-1} Q \) must be proportional to \( Q \). This is possible only for \( g_1 = g_0 \). Hence
\[
\mathcal{F}_r = \{ g_0 \}.
\]
The next step is to show that \( s^* \geq \rho^2 \). This follows from the fact that the quadratic form of the second partial derivatives of \( G_r \) at \( g_0 \) is negative semi-definite in \( \mathcal{F}_+^{0} \) iff \( r \geq \rho^2 \).

For a fixed \( r > s^* \), let us choose now \( \epsilon = (r - \rho^2)/2 \) and find a \( p \) such that
\[
r_p \leq \rho^2 + \epsilon .
\]
Then we have \( r \geq r_p + \epsilon \), and hence by Lemma 2,
\[
F_{p,r}(g) \leq 1 \quad \text{for all } g \in U(g_0) .
\]
On the other hand, on the compact set \( \mathcal{F}_+^{1} - U(g_0) \)
\[
(5.3) \quad \lim_{p \to 0} [ \sum_{y} w(y|x) g(y)^{1/p} ]^p = \prod_{y} g(y)^{w(y|x)}
\]
holds uniformly in \( g \), and thus \( \lim_{p \to 0} F_{p,r}(g) = G_r(g) < 1 \) uniformly in \( g \in \mathcal{F}_+^{1} - U(g_0) \). Choose a \( p' \) such that for all \( g \in \mathcal{F}_+^{1} - U(g_0) \) \( F_{p',r}(g) \leq 1 \). Then we have
\[
(5.4) \quad r \geq \min(s_p, s_{p'} ) = s_{\max(p,p')}
\]
which proves \( s = s^* \).

(a2) To complete the proof of Theorem 5 (a) we have to prove \( s = \bar{s} \). First we show \( s \geq \bar{s} \). Let us denote for a distribution \( R \) over \( \mathcal{B}^2 \)
\[
(5.5) \quad V_r(R) = V_r(R, W, P) = r H_r(R) - H_q(T^* R) .
\]
With this notation, \( \bar{s} \) is the minimum of those \( r \) satisfying \( V_r(R) \leq 0 \) for all \( R \).

It is enough to show that
\[
(5.6) \quad \max_{r} \exp[ -r^{-1} V_r(R) ] \leq \max_{r \in \mathcal{F}_+^{1}} G_r(g)
\]
holds for all \( r \) (0 < r < 1).
For every distribution \( R \) on \( \mathcal{S} \) let us define \( g_R \) by
\[
g_R(y) = (T^* R)(y)/Q(y).
\]
We have
\[
G_r(g_R) = E \exp[r^{-1}(T \log g_R)(X)] = \sum_x R(x) \exp \left[ r^{-1}(T \log g_R)(x) - \log \frac{R(x)}{P(x)} \right].
\]
The last expression is, by the convexity of \( \exp t \), larger than
\[
\exp \left[ r^{-1} \sum_x R(x)(T \log g_R)(x) - \sum_x R(x) \log \frac{R(x)}{P(x)} \right] = \exp[r^{-1}V_r(R)].
\]
This proves (5.6) and hence \( s \geq \hat{s} \).

The next step is to show that \( \hat{s} \geq \rho^2 \). In order to do this one has to differentiate \( V_r(R) \) twice partially and establish that if it has a local maximum at \( R = P \) then \( r \geq \rho^2 \). This is rather straightforward and we write down the derivatives of \( V_r(R) \) only for later purposes. We have
\[
\frac{\partial V_r}{\partial R(x)}(R) = (1 - r) + \left( T \log \frac{T^* R}{Q} \right)(x) - r \log \frac{R(x)}{P(x)},
\]
and
\[
\frac{\partial^2 V_r}{\partial R(x_0) \partial R(x_1)}(R) = \sum_y w(y|x_0)w(y|x_1) \frac{1}{(T^* R)(y)} - \frac{r \cdot \delta_{x_0 x_1}}{R(x_0)}.
\]
We refer to [6] for the proof of the fact that the quadratic form with coefficients as in (5.10) is negative definite in the space of functions \( \{ f \in \mathcal{F} (\mathcal{S}) \mid \sum_x f(x) = 0 \} \) if \( r > \rho^2(W, R) \).

Now we show that
\[
\max_R \exp[s^{-1}V_r(R)] = \max_{s \geq \hat{s}} G_s(g) = 1.
\]
Suppose first that for every \( g \neq g_0 \), \( G_s(g) < 1 \). Then \( \hat{s} = s = \rho^2 \). Indeed, for each \( r > \rho^2 \) in some neighbourhood \( U \) of \( g_0 \), \( G_r(g) \leq 1 \) holds. If \( G_s(g) < 1 \) everywhere outside \( U \) and if \( s > r \) then for some \( r' \) with \( r < r' < s \), \( G_r'(g) \leq 1 \) for all \( g \in \mathcal{F}_+ \). This contradicts the minimality of \( s \). Suppose now that there is a \( g_1 \in \mathcal{F}_+ \), \( g_1 \neq g_0 \) with \( G_s(g_1) = 1 \). We define the distribution \( R_1 \) by
\[
R_1(x) = P(x) \prod_y g_1(y)^{w(y|x)/\rho}.
\]
Clearly \( \sum_x R_1(x) = 1 \). We shall show that \( g_1 = g_R \). This implies that all members of the weighted sum in (5.8) are equal and hence
\[
1 = G_s(g_R) = \exp[s^{-1}V_s(R)] = V_s(R) = 0.
\]
s is then the minimum of those \( r \) satisfying \( V_r(R) = 0 \) since \( g \neq G \) implies \( R \neq P \), \( H_p(R) \neq 0 \). This will complete the proof of \( s = \hat{s} \) and, by the way, also of Theorem 7.

Let us denote
\[
\mathcal{B} = \{ y \in \mathcal{Y} \mid g_1(y) > 0 \}, \quad \mathcal{F}_\mathcal{B} = \{ g \in \mathcal{F}_+ \mid g(y) = 0 \} \text{ for all } y \in \mathcal{B}.
\]
We prove that for \( y_0 \notin \mathcal{B} \), \((T^* R_1)(y_0) = 0\). By definition one has
\[
(T^* R_1)(y_0) = \sum_x P(x) w(y_0 | x) \prod_y g_i(y)^{w(y | x_i)/s}.
\]
Suppose that \( w(y_0 | x_0) \neq 0 \). Then
\[
\prod_y g_i(y)^{w(y | x_0)/s} = 0
\]
holds since this expression has a factor
\[
g_i(y_0)^{w(y_0 | x_0)/s}.
\]
Hence every term in the above sum is 0. The function \( G_i(g) \) has a maximum for \( g = g_i \) under the condition \( g \in \mathcal{F}_\alpha \). By Lagrange's multiplier theorem it follows that there is a \( \mu \) such that for all \( y \in \mathcal{B} \),
\[
\frac{\partial G_i}{\partial g(y)}(g_i) = \mu Q(y) = 0
\]
holds. This can be written, because of (5.2), as follows: for all \( y \in \mathcal{B} \),
\[
(5.12) \quad \mu g_i(y) Q(y) = s^{-1}(T^* R_1)(y).
\]
If \( y \notin \mathcal{B} \) then the left-hand side is 0 and as we just showed then also \((T^* R_1)(y) = 0\).
Thus (5.12) is true for all \( y \). Let us sum up to determine \( \mu \)
\[
\mu \sum_y Q(y) g_i(y) = s^{-1} \sum_y (T^* R_1)(y),
\]
hence \( \mu = s^{-1} \). Then from (5.12) we have \( g_i = g_{R_i} \).

We do not prove (b) of Theorem 5 here. It is rather elementary: one has to do the estimates in the proof of \( s^* = s \) more carefully. Especially, one needs an appropriate speed of convergence in Fact 1.

B. Proof of Theorem 8. Clearly, \( \bar{\rho}(W) \leq \max\rho s(W, P) \). On the other hand, put \( r = \bar{\rho}(W) \) and choose \( P_0 \) with \( r = \rho^2(W, P_0) \). Then—as it was shown in (5.10) and the text thereafter—the function \( V_r(R, W, P_0) \) of \( R \) is concave when \( R \) runs over all possible distributions. It has a local maximum at \( R = P_0 \), which is also a global maximum. Thus \( V_r(R, W, P_0) \leq 0 \) for all \( R \), hence \( r \geq s(W, P_0) \).


(a) Let us compute \( \rho^2(W_{aa}, P) \) for an arbitrary input distribution \( P \). As was shown in [6], it is the value of a certain determinant:
\[
(6.1) \quad \rho^2(W_{aa}, P) = P(0)P(1)Q(0)^{-1}Q(1)^{-1}(1 - 2\alpha)^2.
\]
By Theorem 8 we are done if we show that
\[
(1 - 2\alpha)^2 = \rho^2(W_{aa}, P_{aa}) = \bar{\rho}^2(W_{aa})
\]
i.e., \( \rho(W_{aa}, P) \) is maximal for \( P = P_{aa} \). In our case this is equivalent to
\[
P(0)P(1) \leq Q(0)Q(1).
\]
The last inequality follows from the fact that \( Q(0) \) is closer to \( \frac{1}{2} \) than \( P(0) \).
(b) Let us define an arbitrary distribution by

\[ R_t(0) = P_{\alpha}(0) + t \]

and denote \( F(t) = H_{\rho_{\alpha}}(R_t) \). An easy computation shows that

\[ H_{\rho_{\alpha}}(T^t R_t) = F(at) \]
\[ F(t) = c_0 t^3 + c_1 t^2 + o(t^2) \]

where \( a = 1 - \alpha - \beta, c_0, c_1 \neq 0 \).

We have to show that

\[ \sup_t \frac{F(at)}{F(t)} \neq \lim_{t \to 0} \frac{F(at)}{F(t)} = \rho^*(W_{\alpha\beta}, P_{\alpha\beta}) \cdot \]

It is easily seen that this limit equals \( a^2 \). Now

\[ \frac{F(at)}{F(t)} = a^2 \frac{c_0 + c_1 at + o(t)}{c_0 + c_1 t + o(t)} \]

For some \( t \) with \( c_1 t/c_0 < 0 \) this expression is clearly larger than \( a^2 \). \( \square \)

REFERENCES


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